

## OUTDOORS – KIT LIST

As part of our Outdoor focus, a weekend there are a number of outdoor activities offered every term where pupils will be camping as well as the Grade trips each September where the whole school is away on trips, hence the need for outdoor kit. It is important that good quality outdoor equipment is used by the students due to the climate that the outdoor trips take place in. You should be looking at **reputable brands** such as Decathlon, First Ascent, Capestorm and Cape Union Mart and Trappers brands. Purchasing a quality item will help to ensure that with proper use and care, it can last the entire high school journey with your child and beyond.

**Equipment** – it is important to note that items that are specifically designed for hiking, are light weight and compact.

- Hiking Backpack (55-70l so that it is adequate for use throughout High school)
- (Head) Torch with spare batteries
- Plastic bowl – can also be used as a plate
- 2x 1L durable Water bottles and or a hydration bladder
- Plastic mug
- Knife, fork, spoon set or Spork (A fork and spoon all in one)
- Hiking stove (clip or screw canister **NB no stoves that require a gas canister to be punctured**) One stove to be shared between 3 students so if a friend has a stove and you don't and they are willing to share that will work.
- Hiking cooking set again this can be shared between 3 students

**Sleeping** – it is important to note that items that are specifically designed for hiking, are light weight and compact.

- 1 or 2 man hiking tent (a tent that does not weigh a lot)
- Sleeping bag that has a 0<sup>c</sup> comfort rating or a 5<sup>c</sup> sleeping bag with a sleeping bag liner.
- Sleeping mat foam or self-inflating (one that can be carried with you when you hike)

**Clothing** – it is important to note that items that are specifically designed for hiking, are light weight and compact.

- Thermal top and pants
- 3 pairs of hiking socks
- Sun hat or cap and Beanie
- Waterproof rain jacket or a good poncho
- Closed comfortable walking shoes and slops
- Old clothes that you don't mind getting dirty
- 2 x Long pants
- 2 - 3 x shorts
- 3 x T-shirts
- Swimming Costume
- Quick wick or hiking towel
- Long-sleeved shirt
- Warm jacket/fleece

If you have any queries, please contact Mr Garry Townsend on [gtownsend@treverton.co.za](mailto:gtownsend@treverton.co.za)